
ERCP/EUS Prep Instructions

Please note:

- Due to sedation, patients are not allowed to leave on their own. A responsible adult must drive you home from the procedure. You are not allowed to drive, take a taxi or a car service.
- Nothing by mouth **6 hours** prior to your procedure.
- A COVID-19 test is required regardless of vaccination status, within 4 days of the procedure per hospital policy.
- You may have deductibles and/or co-pays due. Please call your insurance company to verify your benefits prior to the procedure.
- The average visit is about 3-4 hours.
- Arriving late or without a driver may require cancelling and rescheduling your procedure.
- Wear comfortable clothing and shoes that are easily removed.
- Please do not bring any valuable items with you on the day of your procedure.

Your Appointment:

Name _____

Date _____ Time _____

Arrival Time _____

Procedure Scheduled: **EUS or ERCP**

Location:

Saint John's Hospital
Outpatient Pre-Registration
2121 Santa Monica Blvd
Santa Monica, CA 90404
(310) 829-5511

Preparing for your procedure

Medications:

Some of the medicines you take may need to be stopped or adjusted temporarily before your colonoscopy such as blood thinners (Plavix, Coumadin, Xarelto etc.) and diabetes medications. Please make sure to discuss with your prescribing physician or the specialist performing the procedure prior to your procedure date.

- **The night before your procedure**, do not eat solid foods after 12:00 am (midnight).

The day of your procedure

- **If your procedure is in the morning (before noon):**
 - Do not eat or drink any solid or liquid food after midnight.
- **If your procedure is in the afternoon:**
 - You may have clear liquids from the list provided, from midnight up to **6 hours** before your procedure.

OK TO DRINK	🚫 NO – AVOID THESE
<p>All light colors, <u>NO red or purple</u>.</p> <ul style="list-style-type: none"> • Water • Tea and black coffee without any milk, cream, or lightener • Flavored water • Clear juices such as apple, white grape, lemonade without pulp, and white cranberry • Clear broth • Clear soda • Sports drinks such as Gatorade and Propel • Popsicles without fruit or cream • Jell-O or other gelatin without fruit 	<ul style="list-style-type: none"> • Milk • Smoothies • Cream • Orange juice • Grapefruit juice • Tomato juice • Soup (other than clear broth) • Cooked cereal • <u>Juice, Popsicles or gelatin with red or purple dye</u>

You may take your morning medications with sips of water. Be sure to take them at least 6 hours before your scheduled appointment time.