



Rose Lin, M.D. Endocrinology  
 1831 Wilshire Blvd, Suite A, Santa Monica, CA 90403  
 Phone: 310-829-8584 Fax: 424-291-4205

## NEW PATIENT PERSONAL HEALTH HISTORY

REASON FOR DOCTOR'S VISIT: \_\_\_\_\_

REFERRAL FROM: Another physician (Name) \_\_\_\_\_  
 Friend or another patient (Name) \_\_\_\_\_  
 Other (for example referred myself): \_\_\_\_\_

YOUR MEDICAL HISTORY: Have you been diagnosed with any medical conditions?  
 \_\_\_\_\_

YOUR SURGICAL HISTORY: Please list any past surgeries and the year performed.  
 \_\_\_\_\_

### FAMILY HISTORY

Do any of your family members have:

Diabetes	N	Y	Calcium disorder	N	Y
Thyroid problems	N	Y	Pituitary	N	Y
Heart problems	N	Y	Osteoporosis	N	Y
Stroke	N	Y	Other:		
High blood pressure	N	Y			
High cholesterol	N	Y			
Cancer	N	Y			

### SOCIAL HISTORY

Tobacco	Current alcohol intake?	not current	yes/no
never smoked	details:		
former smoker - quit date?	Recreational drug use?	not current	yes/no
current smoker - how much?	details:		
Smokeless Tobacco	Regular exercise regimen?		
never/former/current	details:		

*please turn the page to complete side 2*

**REVIEW OF SYSTEMS: Are you currently or recently experiencing any of these problems?**

Fevers or sweats	N	Y	Abdominal Pain	N	Y	Acne
Chills	N	Y	Nausea	N	Y	Easy bruising
Weight changes	N	Y	Vomiting	N	Y	Rash
Fatigue	N	Y	Diarrhea	N	Y	Itching
Vision problems	N	Y	Constipation	N	Y	Hair changes
Eye discomfort	N	Y	Pain with urination	N	Y	Joint aches
Hearing problems	N	Y	Frequent urination	N	Y	Muscle aches
Nasal congestion	N	Y	Urgent urination	N	Y	Swelling of limbs
Swallowing difficulty	N	Y	Blood in urine	N	Y	Dry mouth
Neck swelling or pain	N	Y	Headache	N	Y	Excess thirst
Chest discomfort	N	Y	Fainting	N	Y	Irregular periods
Heart palpitations	N	Y	Weakness	N	Y	last period
Short of Breath	N	Y	Balance problems	N	Y	Anxiety
Coughing	N	Y	Tremors	N	Y	Depression
Wheezing	N	Y				Sleep difficulty

**ALLERGIES: Do you have allergies to any medications, foods or other substances? What reaction?**

**CURRENT MEDICATIONS (include non prescription such as vitamins and herbal supplements)**

**NAME, DOSE (amount), FREQUENCY (when and how many times a day)**

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**Patient signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

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**Date:**

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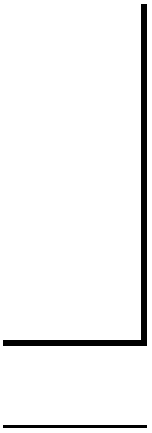
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## NEW PATIENT PERSONAL HEALTH HISTORY - DIABETES

**YOUR CARE TEAM:**

Primary Care Physician: \_\_\_\_\_  
Ophthalmologist/Eye doctor: \_\_\_\_\_  
Nephrologist/Kidney: \_\_\_\_\_  
Cardiologist/Heart: \_\_\_\_\_  
Podiatrist/Foot: \_\_\_\_\_

**YOUR HISTORY:**

What was the approximate year or your approximate age when diagnosed with diabetes?  
Do you have any of these diabetes related conditions: kidney disease, eye disease, nerve disease?  
Have you ever had a heart attack or a stroke? Or any heart problems?  
Have you had a diabetic eye exam within the past 1 year?

**GLUCOSE MONITORING:**

What brand of glucometer do you use?  
How many times a day do you test?

**HYPOGLYCEMIA:**

How often do you have low blood sugar levels, and how low are they?  
Is there a pattern to when in the day or night that they occur?

**EATING HABITS:** Describe your pattern (examples: 3 meals daily; snacking all day; skip meals)

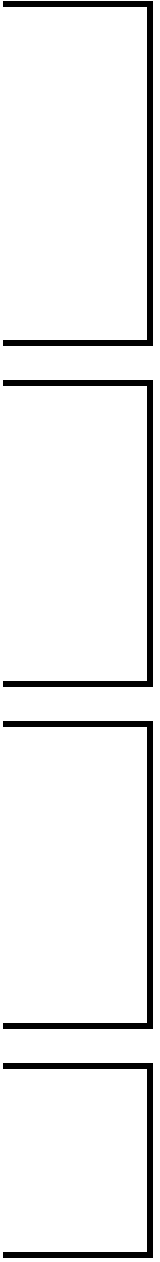
**PHYSICAL ACTIVITY:** How many times a week and for how long do you exercise?

When was the last time you had a visit with a dietician or certified diabetes educator?

**IF APPLICABLE:** Please specify brand, and contact our office for instructions on how to set up data sharing

Continuous glucose monitor:

Insulin pump:





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